



## So The Doctor Rotated Your Lenses?

If the doctor rotated the lenses in your prescription, or if you are being corrected for astigmatism for the first time, you may have to wear your glasses for several days before the world appears to straighten out. Each additional day you wear your new prescription, everything should appear more and more normal. Unless your doctor has told you it will take longer, usually you will adjust to your new glasses within a week.

But until you have adapted to your new lenses, here are some of the symptoms you might experience:

1. straight lines may appear curved or leaning,
2. flat surfaces may appear to be sloping downhill,
3. the printed lines in a book may seem to run upwards,
4. pages in a book may appear a different width at the top of the page than at the bottom,
5. objects seem to be stretched out in odd directions,
6. you can see everything, but it just does not look right.

Day by day these symptoms should become less and less, but for this to happen, you must *wear* your new glasses. The doctor will not know if the "medicine" has worked until you have taken the "medicine" for a while. Many doctors tell their patients not to check back with them until they have worn their new lenses *full-time* for a week to ten days, since doctors and opticians know that almost all these problems will clear up if the glasses are worn that length of time. If everything does not clear up, and the doctor must change your prescription, Empire Optical will change your lenses at no additional cost for a period of thirty days. Always remember that the doctor has a good reason for making this change.

If your new lenses are bothering you, this is often a sign that you can adapt to your new glasses, *or* you can adapt to your old glasses, but can *not* adapt to wearing *both* old and new glasses at the same time. Put your old glasses away and wear only your new ones; every time you go back to your old glasses you cancel out the adaptation process you have gone through with your new lenses; then you have to start all over again.

You may never have gone through this experience before, but we at Empire Optical see this type of change every day. If we can answer any questions or help you out, we will be glad to do so.