



MASSAGE CONSENT FORM

Name: _____

In order to better serve you, please provide us with the information below.

- Y N 1. Will this be your first professional massage?
- Y N 2. Are you at least 18 years of age? *(Clients under the age of 18 cannot be serviced without parental consent.)*
- Y N 3. Do you have any problems that would be adversely affected by heat, percussion, or deep massage?
- Y N 4. Are you pregnant? If yes, how many weeks? _____
- 5. Do you have a history with any of the following?
 - Y N Varicose Veins or Blood Clots
 - Y N Heart Problems
 - Y N High Blood Pressure
 - Y N Diabetes
 - Y N Cancer: *If yes, are you released by your physician to receive massage?* Y N
 - Y N Spinal Problems or Herniated Discs
 - Y N Skin Problems or Specific Allergies: _____
 - Y N Surgeries: _____
- Y N 6. Are you currently taking any prescription drugs, blood thinners (Aspirin), pain relievers, or supplements? In treatment of what? _____
- Y N 7. Do you have any other relevant medical concerns not listed above? _____
- 8. Please list any areas in which you would like specific attention during your massage.

I, _____, understand that massage therapy performed at The Spa, by Mitchell's is for the sole purpose of relaxation. With awareness that certain physiological effects of massage include circulatory enhancement and relief from muscular tension or discomfort. I understand that my massage therapist is *not* a physician and *cannot* diagnose or prescribe towards any medical condition or disease. I understand that it is my responsibility to notify my therapist of any changes in my health or medical history. I understand that it is ultimately my responsibility to notify my massage therapist if I am ever in any discomfort or pain. I understand that any soreness or adverse medical condition incurred during my massage will be at my fault alone. I hereby state that I have read the information above and have provided The Spa, by Mitchell's with all notable information to the best of my knowledge.

Signature of Client/Guardian

Date