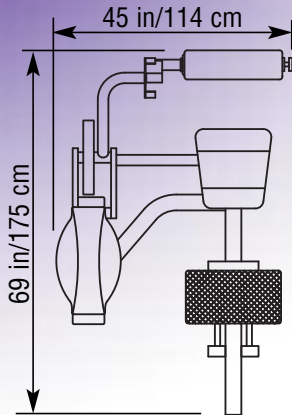


PS-221 Back Extension

- Counter-balanced resistance arm movement with multiple start positions
- Adjustable back roll provides proper back support and alignment
- Linear bearing footplate easily adjusts to accommodate various leg lengths
- 300 lbs. steel weight stack/200 lbs. resistance



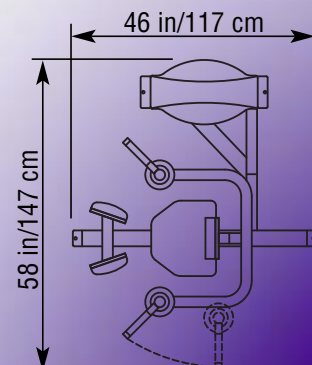
Ht: 55 in/140 cm
SH Wt: 650 lb/295 kg



ENGINEERING UPGRADE:
Improved footplate with built-in footroll support



- TuffStuff exclusive rotary bench design keeps torso and knees stationary while resistance is applied through the mid section
- Trigger release at the handle for easy change-over
- Smooth "frictionless" drive cam system
- 300 lbs. steel weight stack/200 lbs. resistance



Ht: 55 in/140 cm
SH Wt: 605 lb/274 kg

PS-222 Torso Rotation