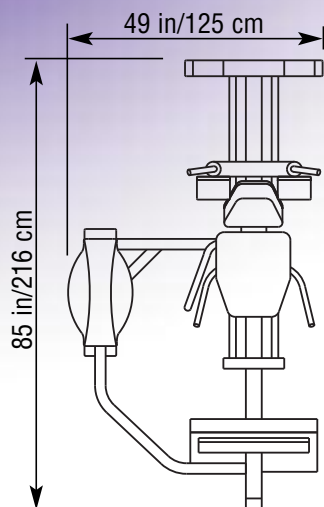


PS-230 Leg Press/Hack Squat

- Large V-shaped aluminum footplate designed for variation of exercises including calf workouts
- Dual self-aligning 1-1/2" linear bearing system
- Back support adjusts to upright or flat position for either leg presses or hack squats
- Control lever for multiple start positions
- 400 lbs. steel weight stack/400 lbs. resistance (optional 500 lbs./500 lbs. resistance)



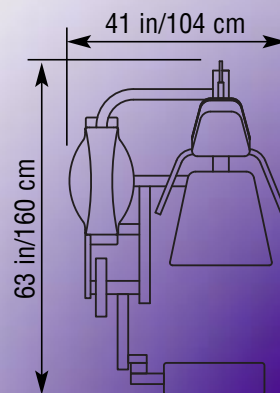
Ht: 78 in/198 cm
SH Wt: 910 lb/413 kg



Hack Squat position



- Resistance arm with pull-pin release for multiple start positions adjustment, and easy in and out
- Gas assist back support easily adjusts for proper positioning and knee alignment
- Oversize self adjusting footroll to accommodate different leg lengths
- 300 lbs. steel weight stack/200 lbs. resistance



Ht: 55 in/140 cm
SH Wt: 650 lb/295 kg

PS-231 Leg Extension