## PF-315 Vertical Knee Raise/Dip



- Comfortable footrolls with multiple height adjustments to accommodate various leg lengths
- Built-in wheels for easy roll-away

LWH: 53x27x39in/135x69x99 cm SH WT: 115 lb/52 kg

## **PF-318 Glute-Ham**



- Contoured and double-padded elbow support
- Rubberized handgrips for comfort
- LWH: 43x31x64 in/109x79x163 cm SH WT: 150 lb/68 kg

- · Linear-bearing assist footplate carriage adjustment
- Unique adjustable foot support allows for optimal foot positioning and comfort during use
- Ergonomically designed to enhance comfort LWH: 69x32x46 in/175x81x117 cm SH WT: 220 lb/100 kg

Transis