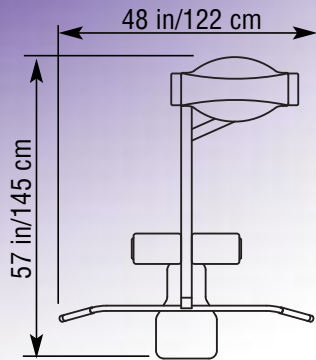


PS-210 Lat Pulldown

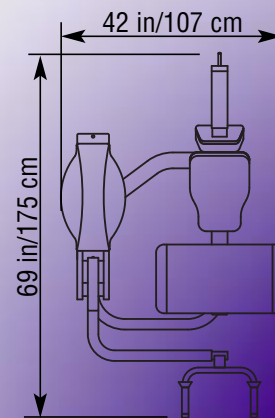
- Adjustable thigh hold-down pads provide stability and firm support during workouts
- Unique range of motion device for adjusting the three starting positions by lowering or raising the lat bar
- Spring locking pin allows the user to interchange bars or handles easily
- 200 lbs. steel weight stack/200 lbs. resistance



Ht: 92 in/237 cm
SH Wt: 625 lb/283 kg



- Single point arm movement with rotating hand grips provide smooth and uninterrupted downward motion
- Adjustable thigh hold-down pads
- Dual-linkage gas assist seat adjustment
- 220 lbs. steel weight stack/110 lbs. resistance



Ht: 55 in/140 cm
SH Wt: 600 lb/272 kg

Shown with Lexan see-through protective weight shields

PS-211 Triceps Extension