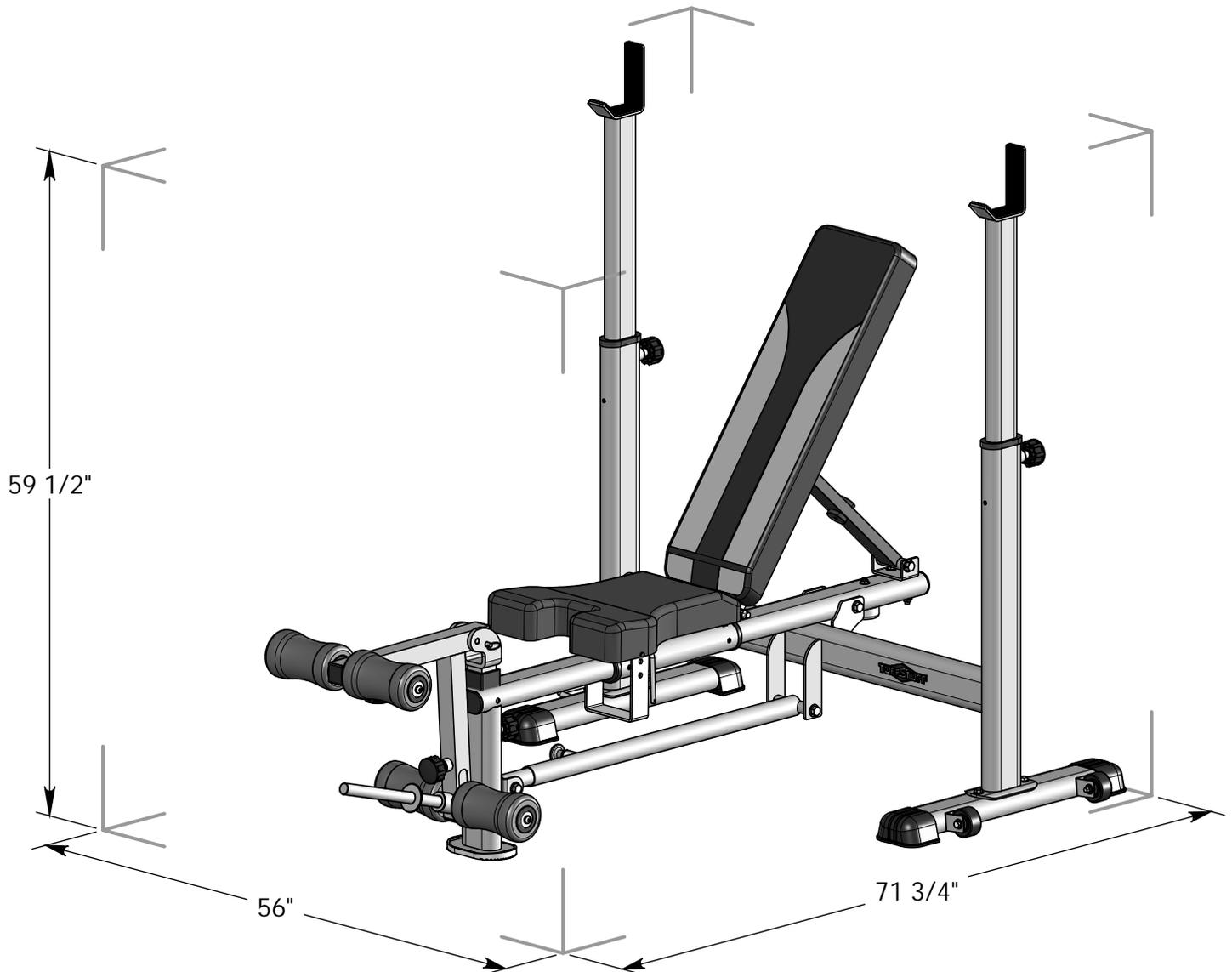


ASSEMBLY INSTRUCTIONS



RWC-335

**Wide Combo Fold Up Bench
W/RLC-385**



TuffStuff Fitness Equipment, Inc.

1325 E. Franklin Avenue
Pomona, CA 91766, USA

Ph: 909-629-1600 Fax: 909-629-4967

E-mail: service@tuffstuff.net Net: www.tuffstuff.net

AMERICA'S PREMIER EXERCISE EQUIPMENT

Introduction

About the RWC-335 Wide Combo Fold Up Bench W/RLC-385

Congratulations on your new purchase of the **Wide Combo Fold Up Bench W/RLC-385**. We hope you are completely satisfied with this product and wish you many years of enjoyment.

TuffStuff Equipment

This Tuffstuff product has been built to precise quality standards and has been carefully packaged to ensure that damage will not occur during shipment. The Home Lifetime Warranty and signature indicating final inspection has been conducted by our line foreman, is an expression of our confidence in the completeness, the materials, and workmanship of this product.

Warranty

SEE A COPY OF WARRANTY ON BACK PAGE.

Registration Card

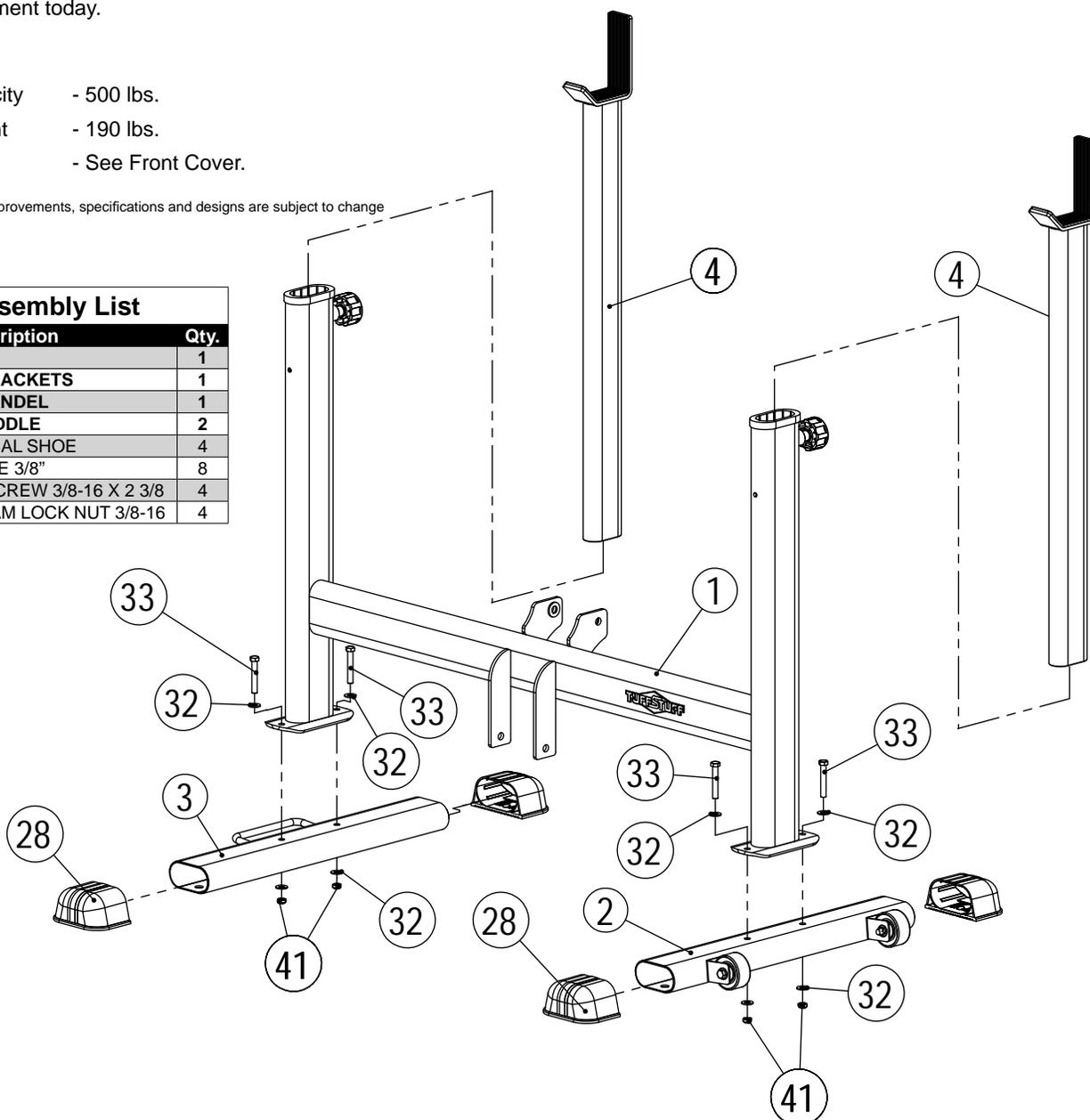
To avoid unnecessary delays in warranty service and to insure that a permanent record of your purchase is on file with our factory, be sure to complete the warranty registration card and send it to TuffStuff Fitness Equipment today.

Specifications

1. Maximum Wt. Capacity - 500 lbs.
2. Total Machine Weight - 190 lbs.
3. Footprint (LWH) - See Front Cover.

Note: Due to continuing product improvements, specifications and designs are subject to change without notice.

Step 1 Assembly List		
Item #	Description	Qty.
1	MAIN FRAME	1
2	STABILIZER W/BRACKETS	1
3	STABILIZER W/HANDEL	1
4	ADJUSTABLE SADDLE	2
28	PLASTIC ELLIPTICAL SHOE	4
32	FLAT WASHER SAE 3/8"	8
33	HEX HEAD CAP SCREW 3/8-16 X 2 3/8	4
41	NYLON INSERT JAM LOCK NUT 3/8-16	4



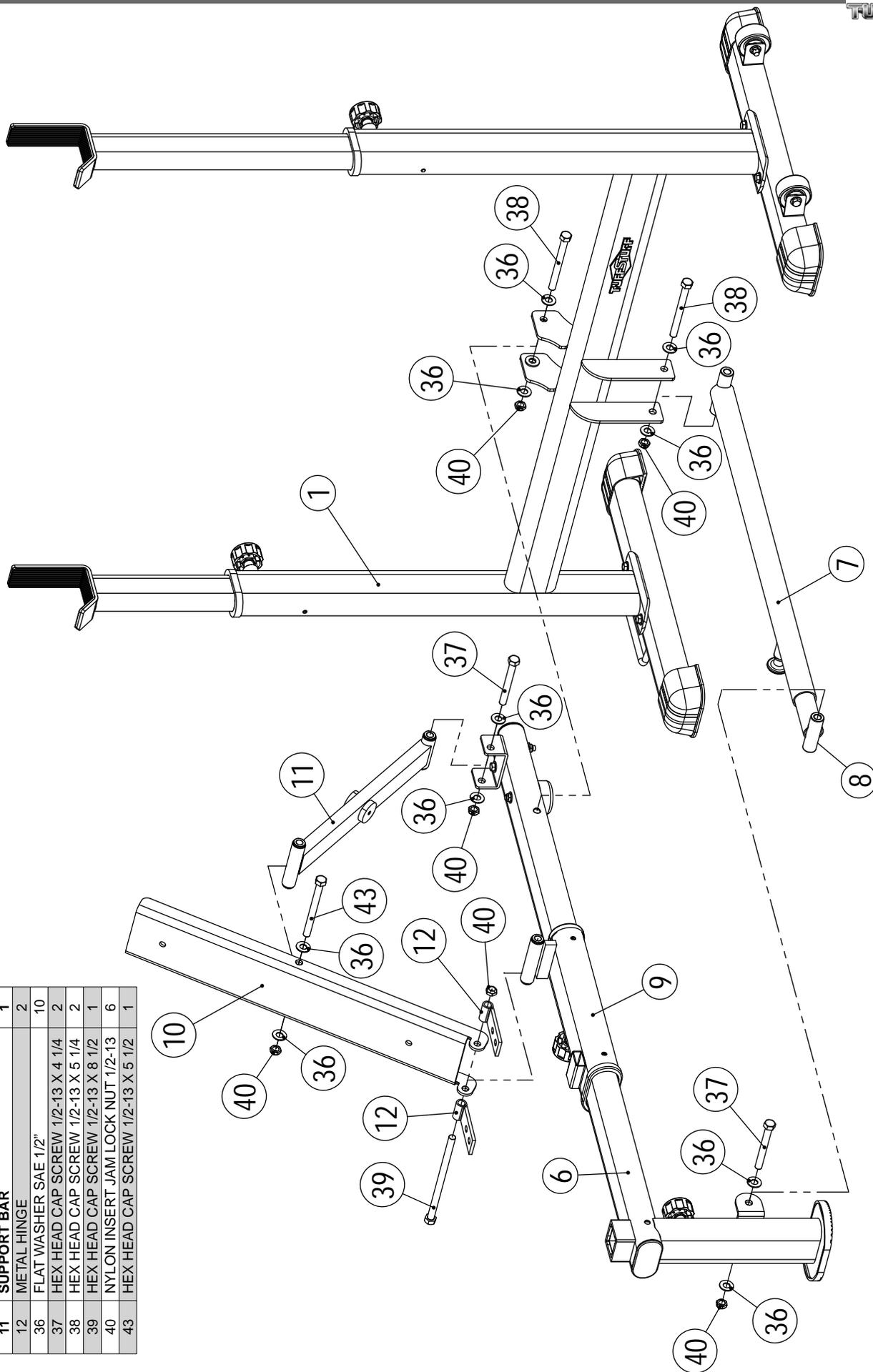
Prior to the Assembly of the Wide Combo Fold Up Bench W/RLC-385

We advise you to consult your local TuffStuff retailer if you should have a question or problem regarding the proper assembly of this unit.

Tool Requirements

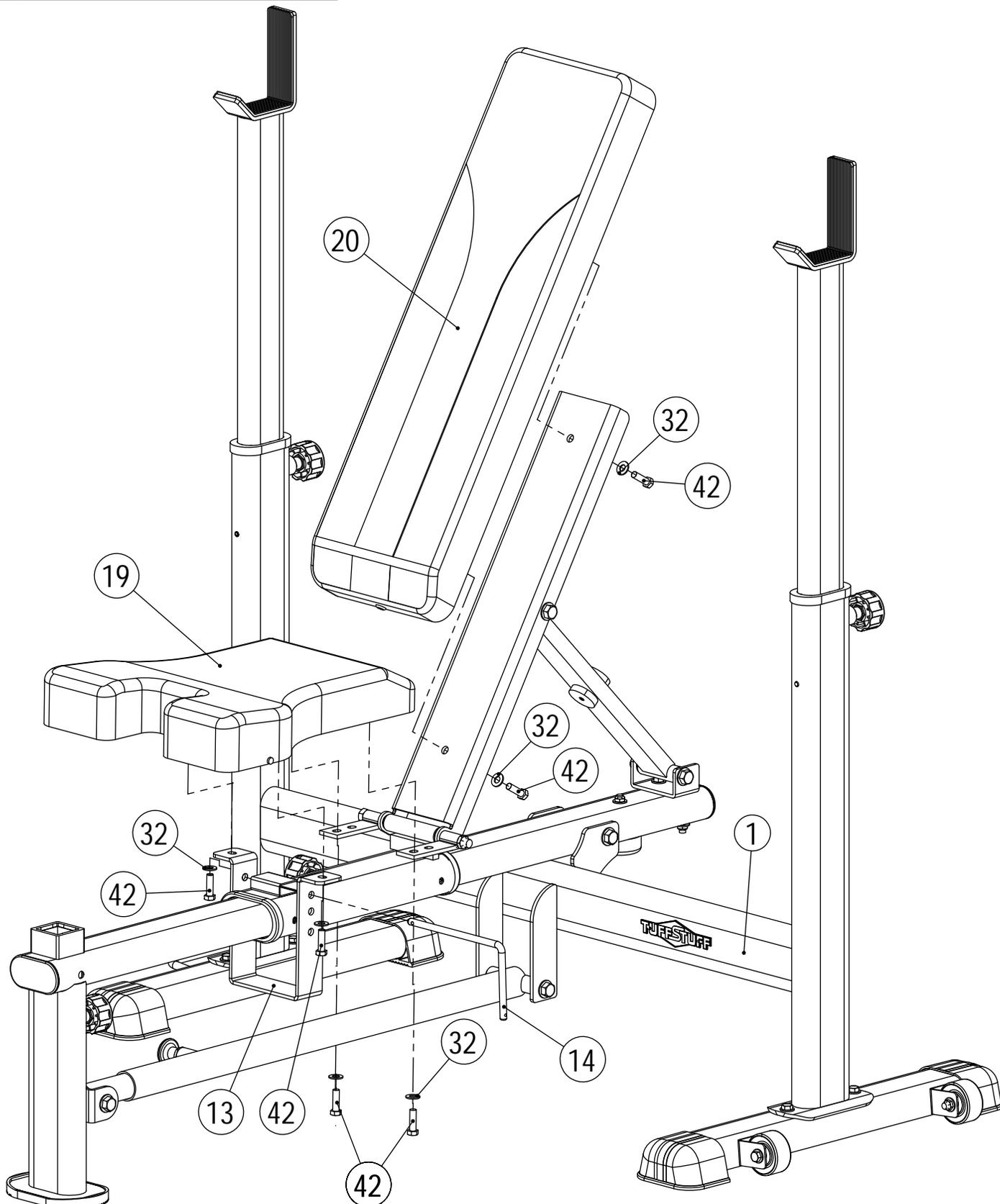
1. One 7/8" combination wrench
2. One 3/4" combination wrench
3. One 9/16" combination wrench
4. One ratchet
5. One 3/4" socket
6. One 9/16" socket
7. Rubber Mallet
8. Windex or household glass cleaner
9. Measuring tape
10. Utility knife

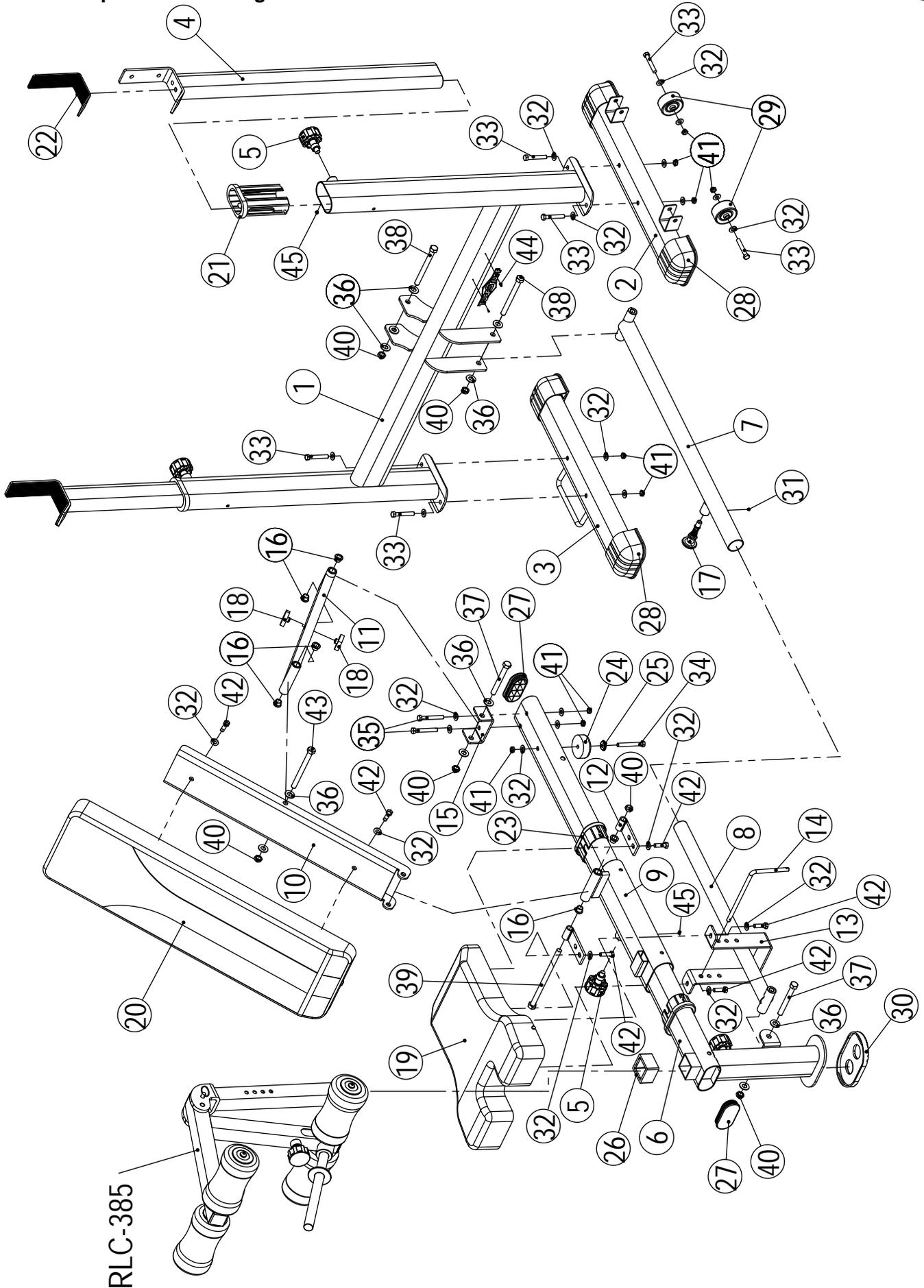
Item #	Description	Qty.
6	FRONT FRAME	1
7	ADJUSTABLE TUBE HOUSING	1
10	BACK PAD FRAME	1
11	SUPPORT BAR	1
12	METAL HINGE	2
36	FLAT WASHER SAE 1/2"	10
37	HEX HEAD CAP SCREW 1/2-13 X 4 1/4	2
38	HEX HEAD CAP SCREW 1/2-13 X 5 1/4	2
39	HEX HEAD CAP SCREW 1/2-13 X 8 1/2	1
40	NYLON INSERT JAM LOCK NUT 1/2-13	6
43	HEX HEAD CAP SCREW 1/2-13 X 5 1/2	1



Step 3 Assembly List

Item #	Description	Qty.
13	SEAT PAD ADJUSTABLE BRACKET	1
14	L-LOCKING PIN 3/8 X 7 3/4	1
19	SEAT PAD	1
20	BACK PAD	1
32	FLAT WASHER SAE 3/8"	6
42	HEX HEAD CAP SCREW 3/8-16 X 1 1/4	6





RLC-385

COLOR CHART
BOLD FONT = SUB-ASSEMBLY PARTS

BLACK= HARDWARE

RWC-335 Parts List

REV0

ITEM	DESCRIPTION	REV	PART NO.	QTY	ITEM	DESCRIPTION	PART NO.	QTY
1	MAIN FRAME	0	UP3988	1	35	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 2 3/4	BNH2045	2
2	STABILIZER W/BRACKETS	0	UP5350	1	36	FLAT WASHER SAE Z/P 1/2"	BNH2031	10
3	STABILIZER W/HANDEL	0	UP5351	1	37	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 4 1/4	BNH2101	2
4	ADJUSTABLE SADDLE	0	UP5352	2	38	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 1/4	BNH2114	2
5	TURN/PULL PIN W/KNOB AND LOCK		BNH0989	6	39	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 8 1/2	BNH2087	1
6	FRONT FRAME	0	UP5353	1	40	NYLON INSERT JAM LOCK NUT Z/P 1/2-13	BNH2027	6
7	ADJUSTABLE TUBE HOUSING	0	UP5354	1	41	NYLON INSERT JAM LOCK NUT Z/P 3/8-16	BNH2026	9
8	ADJUSTMENT CHROME TUBE	0	UP5355	1	42	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 1/4	BNH2038	6
9	CARRIAGE	0	UP5356	1	43	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 1/2	BNH2066	1
10	BACK PAD FRAME	0	UP5357	1	44	FLAT PHILLIPS SCREW ZINC # 2 X 1/2	BNH1480	2
11	SUPPORT BAR	0	UP5358	1	45	FLAT PHILLIPS MACHINE SCREW 8-32 X 1/4	BNH0408	6
12	METAL HINGE		BNH0046	2	47	HEX KEY ALLOY 3/32"	BNH0372	1
13	SEAT PAD ADJUSTABLE BRACKET	0	UP5359	1	48	LEG EXTENSION L-ARM	UP5309	1
14	L-LOCKING PIN 3/8 X 7 3/4		BNH2116	1	49	LEG EXTENSION PERCH	UP5310	1
15	U BRACKET	0	UP5361	1	51	LEG EXTENSION AXLE 1/2 X 2 13/16	UP2452	1
16	BRONZE BUSHING 1/2 X 5/8 X 1/2 X 7/8 X 1/8		BNH0528	8	52	FOOT ROLL ADJUSTABLE HOUSING	UP2451	2
17	PULL PIN 1/2 X 2 3/4 SHORT NOSE (YELLOW)		BNH0640	1	53	FOOT ROLL TUBE 1 X 16 1/2	UP5311	2
18	URETHANE BUMPER 1 3/4		BNH0229	2	55	QUICK-RELEASE PIN 3/8 X 3 GRIP LENGTH	BNH0642	1
19	SEAT PAD		UP5360	1	56	PLASTIC INSERT CAP 1 3/4" SQ. 10-14 GA.	BNH0053	3
20	BACK PAD		UP4978	1	57	ALUMINUM WASHER .390 X 1.500 X .150	BNH1541	4
21	PLASTIC INSERT ELLIPTICAL GUIDE (2X4)		BNH1760	2	58	FOAM FOOT ROLL 1 X 4 X 7 W/VINYL	UP3785	4
22	PREVENT SLIDE BUMPER		BNH2092	2	59	FOAM ROLL 1" NYLINER BUSHING	BNH2025	8
23	PLASTIC INSERT ELLIPTICAL GUIDE (2 3/8 X 4 3/4)		BNH2062	2	60	RUBBER BUMPER 3/8 X 1 1/2	BNH0514	1
24	RUBBER BUMPER 3/8 X 2 1/2		BNH0511	1	61	BUTTON HEAD SOCKET CAP SCREW Z/P 3/8-16 X 3/4	BNH2103	1
25	STEEL BUMPER WASHER Z/P 3/8"		BNH0498	1	62	SPLIT LOCK WASHER Z/P 3/8"	BNH2032	4
26	PLASTIC TUBE GUIDE W/LIP 2" SQ		BNH0058	1	63	BUTTON HEAD SOCKET CAP SCREW Z/P 3/8-16 X 1	BNH2033	4
27	PLASTIC INSERT CAP ELLIPTICAL 2 X 4		BNH1794	2	64	SOCKET SET SCREW ALLOY 1/4-20 X 5/8	BNH1343	2
28	PLASTIC HORIZONTAL ELLIPTICAL SHOE		BNH1847	4	66	HEX KEY ALLOY 7/32"	BNH0575	1
29	BLACK WHEEL 3/8 X 3 X 1 1/4 W/BEARING		BNH0300	2	67	HEX KEY ALLOY 1/8"	BNH0767	1
30	RUBBER FOOT FOR 6 X 4 1/4 PLATE		BNH1647	1	68	TUFFSTUFF LOGO ALUMINUM SMALL	BNH1323	1
31	SOCKET SET SCREW ALLOY 10-32 X 1/8		BNH0473	1	69	DECAL-CAUTION WEIGHT TRAINING SAFETY...	BNH0126	1
32	FLAT WASHER SAE Z/P 3/8"		BNH2030	23	70	DECAL-DANGER TIGHTEN THIS RETAINING...	BNH0142	1
33	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 2 3/8		BNH2043	6	71	DECAL-IMPORTANT FOR BEST PERFORMANCE...	BNH1894	4
34	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 3		BNH2046	1	72	DECAL-WARNING ATTENTION USERS! MOVING PARTS..	BNH1895	1

DO NOT DISCARD THIS MANUAL



HOME LIFETIME WARRANTY

TuffStuff products are warranted to the retail purchaser to be free from defects in materials and workmanship. TuffStuff exclusive Home Lifetime Warranty coverage extends for the life of the product while owned by the original retail purchaser, and used only in a home or residential setting unless otherwise noted in the owner's manual.

This warranty does not cover:

1. TuffStuff products sold for and used in a commercial or institutional setting.
2. Any damage, failure or loss caused by accident, misuse, neglect, abuse, improper assembly, improper maintenance, or failure to follow instructions or warnings in the owner's manual and warning labels posted on the machine.
3. Use of products in a manner for which they were not designed.
4. Original product that is altered, or the use of replacement parts and components of another manufacturer other than TuffStuff.

Limitations:

The foregoing shall constitute the sole remedy of the purchaser and the sole liability of TuffStuff with regard to warranty, whether express or implied by operation of law or otherwise, including but not limited to any implied warranties of merchantability or fitness. TuffStuff shall in no event be liable for incidental or consequential losses, damages or expenses in connection with exercise products. TuffStuff's liability hereunder is expressly limited to the repairs or replacements of warranted defective parts.

Procedures:

Warranty service will be performed at TuffStuff's facility in Pomona, California. TuffStuff will have the option of either repair or replacement at no charge for any defective product. Purchaser is responsible for installation of repaired or replaced parts and all transportation and insurance costs on returned or replaced equipment to and from TuffStuff's facility in Pomona.

This warranty gives you specific legal rights and you may also have other rights, which may vary from state to state. Effective July 1, 2004.

This warranty is the final, complete and exclusive agreement of the parties with respect to the quality or performance of the equipment and no action for breach of this written warranty or any implied warranty shall be commenced more than one (1) year after the accrual of the cause of action. No modification of this warranty or waiver of its terms shall be binding on either party unless approved in writing by an authorized representative of the party. Contact TuffStuff at 1325 E. Franklin Avenue, Pomona, California 91766, before returning any defective equipment.

Note: Retain your sales receipt and be sure to mail in the warranty registration card to insure that a permanent record of your purchase is on file with the factory and to avoid unnecessary delays in warranty service.

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