

- · Stainless steel bar catches and protective cover
- Built-in Olympic weight plate storage
 LWH: 64x68x50 in/163x173x127 cm
 SH WT: 165 lb/75 kg



- Seat adjusts for proper torso positioning
- · Large heavy duty diamond plate spotter platform
- Stainless steel bar catches and protective cover LWH: 72x68x58 in/183x173x147 cm SH WT: 2050 lb/93 kg

PF-309 Olympic Decline Bench



- · Adjustable knee and foot support
- Elevated knee support reduces lower back strain LWH: 80x68x48 in/203x173x122 cm SH WT: 150 lb/68 kg

PF-310 Olympic Military Bench



- Adjustable back pad allows for proper body alignment
- Stainless steel bar catches and protective cover
- Large heavy duty diamond plate spotter platform LWH: 47x68x69in/119x173x175 cm SH WT: 215 lb/98 kg