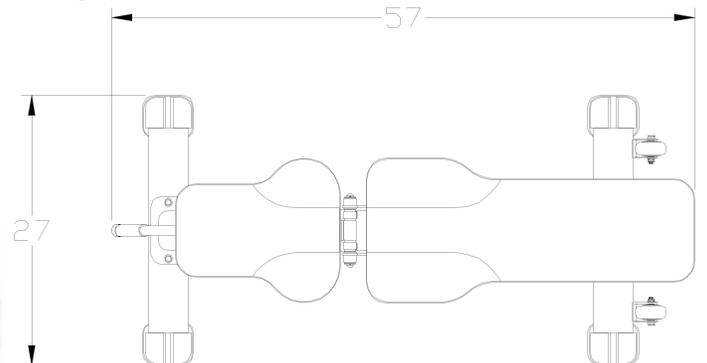


OWNER'S MANUAL



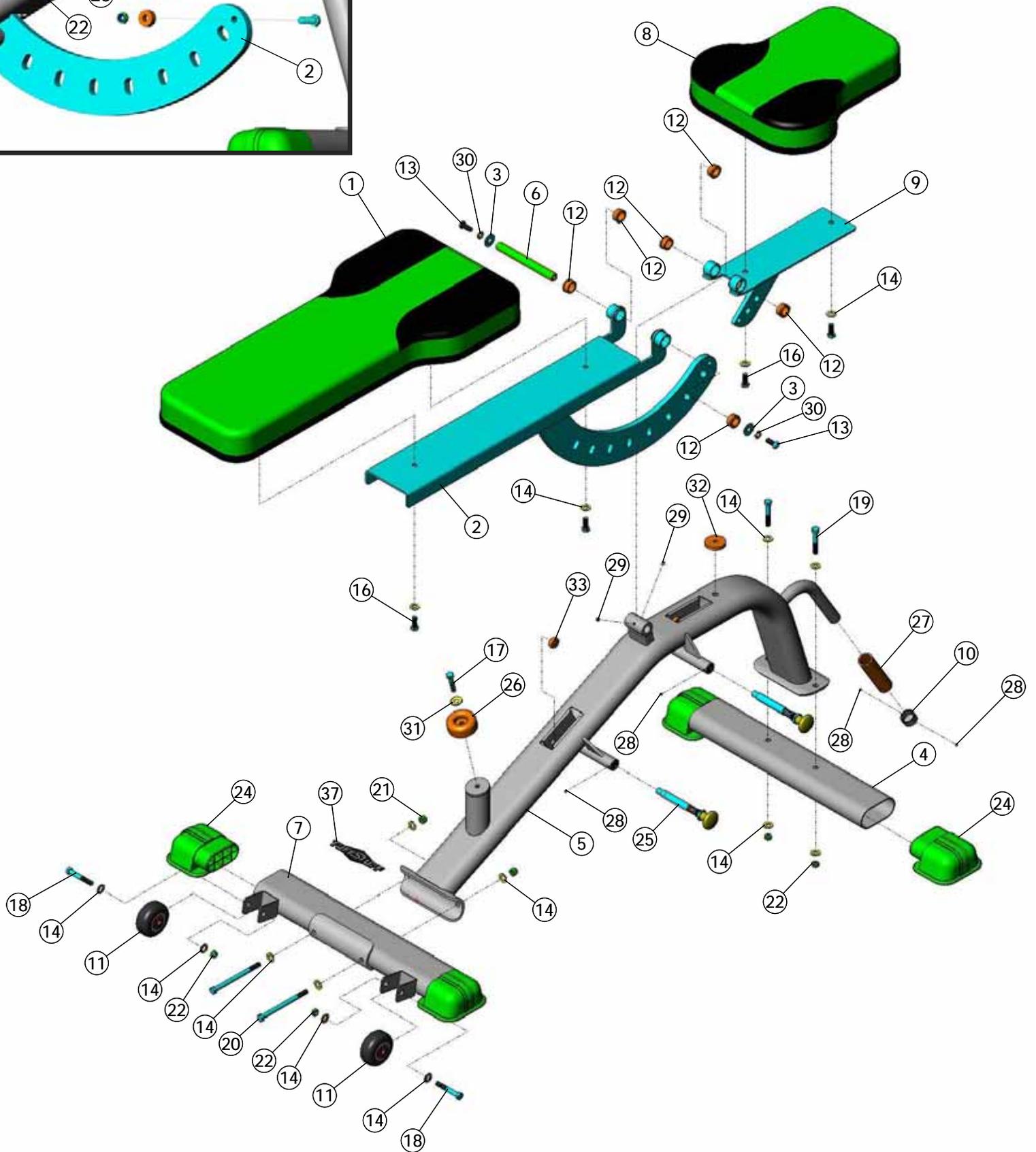
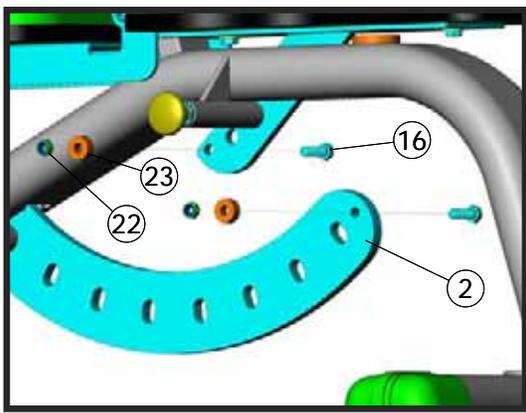
RDM-400 **DELUXE MULTI-PURPOSE BENCH**



AMERICA'S PREMIER EXERCISE EQUIPMENT

RDM-400
L 57" W 27" H 50"

RDM-400 Rev0
Revision Date 9-15-06





RDM-400 Rev0

COLOR CHART

GRAY= SUB-ASSEMBLY PARTS
BLACK= HARDWARE

**RDM-400
Parts List**

Item No.	Description	Rev.	Part No.	Qty.	Item No.	Description	Part No.	Qty.
1	BACK PAD	0	UP3862	1	20	HEX HEAD CAP SCREW GR-5 B/O 3/8-16 X 5 1/4	BNH0690	2
2	BACK PAD BRACKET	0	UP3677	1	21	NYLON INSERT LOCK NUT B/O 3/8-16	BNH0214	2
3	CHROME WASHER 3/8 X 1 1/8	0	UP3863	2	22	NYLON INSERT THIN PATTERN LOCK NUT B/O 3/8-16	BNH0365	6
4	FRONT STABILIZER	0	UP3845	1	23	NYLON SPACER 3/8 X 3/4 X 3/8	BNH0392	2
5	MAIN FRAME	0	UP3676	1	24	PLASTIC HORIZONTAL ELLIPTICAL SHOE	BNH1847	4
6	PIVOT AXLE (3/4 RD X 6 1/2)	0	UP3844	1	25	PULL PIN 1/2 X 5 5/8 LIGHT SPRING (YELLOW KNOB)	BNH0701	2
7	REAR STABILIZER	0	UP3846	1	26	RUBBER BUMPER 3/8 X 2 1/2	BNH0511	1
8	SEAT PAD	0	UP3861	1	27	RUBBER GRIP 1 ID X .125 X 4 1/2	BNH1062	1
9	SEAT PAD BRACKET	0	UP3678	1	28	SOCKET SET SCREW ALLOY 10-32 X 1/8	BNH0473	2
10	ALUMINUM CAP 1.020" RD (CAP-100)		BNH0537	1	29	SOCKET SET SCREW ALLOY 1/4-20 X 1/4	BNH0790	2
11	BLACK WHEEL 3/8 X 3 X 1 1/4 W/BEARING		BNH0300	2	30	SPLIT LOCK WASHER B/O 3/8"	BNH0658	2
12	BRONZE BUSHING W/FLANGE 3/4"		BNH0243	8	31	STEEL BUMPER WASHER Z/P 3/8"	BNH0498	1
13	BUTTON HEAD SOCKET CAP SCREW B/O 3/8-16 X 1		BNH0115	2	32	URETHANE BUMPER 1 3/4	BNH0229	1
14	FLAT WASHER SAE B/O 3/8"		BNH0239	16	33	WHITE NYLON STEM BUTTON	BNH1882	4
15	DECAL-WARNING ATTENTION USERS! MOVING PARTS...		BNH1895	1	34	DECAL-CAUTION WEIGHT TRAINING SAFETY...	BNH0126	1
16	HEX HEAD CAP SCREW GR-5 B/O 3/8-16 X 1 1/4		BNH0273	6	35	DECAL-DANGER TIGHTEN THIS RETAINING...	BNH0142	2
17	HEX HEAD CAP SCREW GR-5 B/O 3/8-16 X 1 3/4		BNH0274	1	36	DECAL-IMPORTANT FOR BEST PERFORMANCE...	BNH1894	1
18	HEX HEAD CAP SCREW GR-5 B/O 3/8-16 X 2 1/2		BNH0276	2	37	TUFFSTUFF LOGO ALUMINUM SMALL	BNH1323	1
19	HEX HEAD CAP SCREW GR-5 B/O 3/8-16 X 2 1/4		BNH0277	2	38	FLAT PHILLIPS SCREW ZINC # 5 X 1/2	BNH1481	2

DO NOT DISCARD THIS MANUAL



HOME LIFETIME WARRANTY

TuffStuff products are warranted to the retail purchaser to be free from defects in materials and workmanship. TuffStuff exclusive Home Lifetime Warranty coverage extends for the life of the product while owned by the original retail purchaser, and used only in a home or residential setting unless otherwise noted in the owner's manual.

This warranty does not cover:

1. TuffStuff products sold for and used in a commercial or institutional setting.
2. Any damage, failure or loss caused by accident, misuse, neglect, abuse, improper assembly, improper maintenance, or failure to follow instructions or warnings in the owner's manual and warning labels posted on the machine.
3. Use of products in a manner for which they were not designed.
4. Original product that is altered, or the use of replacement parts and components of another manufacturer other than TuffStuff.

Limitations:

The foregoing shall constitute the sole remedy of the purchaser and the sole liability of TuffStuff with regard to warranty, whether express or implied by operation of law or otherwise, including but not limited to any implied warranties of merchantability or fitness. TuffStuff shall in no event be liable for incidental or consequential losses, damages or expenses in connection with exercise products. TuffStuff's liability hereunder is expressly limited to the repairs or replacements of warranted defective parts.

Procedures:

Warranty service will be performed at TuffStuff's facility in Pomona, California. TuffStuff will have the option of either repair or replacement at no charge for any defective product. Purchaser is responsible for installation of repaired or replaced parts and all transportation and insurance costs on returned or replaced equipment to and from TuffStuff's facility in Pomona.

This warranty gives you specific legal rights and you may also have other rights, which may vary from state to state. Effective July 1, 2004.

This warranty is the final, complete and exclusive agreement of the parties with respect to the quality or performance of the equipment and no action for breach of this written warranty or any implied warranty shall be commenced more than one (1) year after the accrual of the cause of action. No modification of this warranty or waiver of its terms shall be binding on either party unless approved in writing by an authorized representative of the party. Contact TuffStuff at 1325 E. Franklin Avenue, Pomona, California 91766, before returning any defective equipment.

Note: Retain your sales receipt and be sure to mail in the warranty registration card to insure that a permanent record of your purchase is on file with the factory and to avoid unnecessary delays in warranty service.

TuffStuff Fitness Equipment, Inc.

1325 E. Franklin Avenue

Pomona, CA 91766, USA

Ph: 909-629-1600 Fax: 909-629-4967

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